

# KIBSD Quarantine Protocols

Updated March 31, 2021



## CLOSE CONTACT Quarantine Protocols

**OPTION 1** 7-day Quarantine + COVID-19 Negative Test (on day 6 or later) + No Symptoms= Return Day 8

Testing specimen must be collected no more than 48 hours before the time of planned quarantine discontinuation (i.e., on day 6 or 7 of quarantine). If you have not received your results, remain in quarantine until you get a negative test result or 10 days have passed, whichever is earlier.

**OPTION 2** 10-day Quarantine + No Symptoms= Return Day 11



### Additional Requirements for Option #1 and #2:

If you develop symptoms within 14 days of an exposure (regardless of whether or not you remain in quarantine) you should immediately self-isolate and seek testing.

If symptoms develop anytime during quarantine, you need to provide proof of a negative test dated after onset of symptoms, report improvement in symptoms, and report you have been fever free for 24 hours to be cleared from quarantine.

## OUT OF STATE TRAVEL Quarantine Protocols

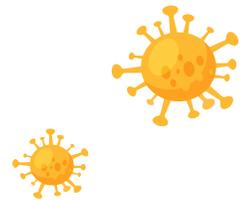
**OPTION 1** 5-day Quarantine + Proof of COVID-19 Negative Test (on day 5 or later) + No Symptoms= Return Day 6

**OPTION 2** 10-day Quarantine + No Symptoms= Return Day 11

## IN STATE TRAVEL Considerations

### While traveling in Alaska you are advised to:

- Get tested and self-isolate if you get sick or develop COVID-19 symptoms.
- Get an optional COVID-19 test 5-14 days after arrival back in Kodiak.
- Wash your hands frequently and wipe down high touch surfaces.
- Practice social distancing.
- \* Wear a face covering while indoors and whenever social distancing is challenging.



### Have you received a positive COVID-19 test within 90 days?

The positive test result exempts you from testing or quarantine related to travel or being a close contact.

### Are you fully vaccinated?

Please refer to KIBSD's After Vaccination Protocols document for all quarantine requirements.

These protocols are subject to change at any time.